

# MACOMB MIRACLES



April 2010

Volume 10 Issue 4

Newsletter of the Macomb County Area of Narcotics Anonymous

## Publisher's Notes

### **Macomb Miracles**

welcomes submissions from all readers. Letters and other items submitted should be 100 words or less and be of NA related nature. All items must include a signature, valid address and phone number. First name and last initial will be used as a signature line unless the writer requests anonymity. **Macomb Miracles** reserves the right to edit items submitted and refuse to publish items not in keeping with the traditions of NA. All submissions become the property of **Macomb Miracles** and will not be returned unless accompanied by a self addressed stamped envelope at the newsletter sub-committee or area service committee meetings. The authors release form on page 2 must be included with all submissions.

Submission may be made by e-mail at the following address: [macombarea@michigan-na.org](mailto:macombarea@michigan-na.org) or [Macombmiracles@comcast.net](mailto:Macombmiracles@comcast.net) Or Mailed to MCANA

**P.O. Box 380473  
Clinton Twp., MI 48038**  
Please attach a copy of the author's release with the file to publish and date submitted. Typing your name along with your telephone number in the SIGNED field will be considered an appropriate substitute for a hardcopy version of the release. All e-mail submissions will be voice verified before publication. If possible articles should be submitted as HTML, Microsoft Word DOC or TXT text formats. Preferred graphics formats are GIF or JPG

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## Who's Meeting is it?

Do we really need to loose more meetings because a handful of people refuse to follow directions? Are we all going to stand by and watch a few people who are not in recovery ruin it for all? How many meetings will it take for you to get mad enough to stand up for the rules of the facility that allows us to meet there?

Why do other 12 step programs not loose their meeting places? Are we that immature that we do not want to be viewed as the NA police, or is it we really do not care because we are spoiled here in Metro Detroit with the number of meetings we have to choose from?

Is Apathy the problem, let someone else say something? Not my problem? Is it time to take the meetings back???? I have heard many old timers talk about how it used to be, sit down, shut up, and follow the rules. What has changed? Is it not politically correct to protect these meeting places as if they were our homes? Why is it when I travel to Florida or California there is a waiting line to do service, but here in Metro Detroit the same 5% have been carrying the 95% for years?

Are you part of the problem or part of the solution? Have you been here so long that you feel you no longer need to give back that which saved your life? What kind of example are you for the newcomer? In the other fellowship there is a saying that has been used for years, "Take a look at yourself".

Are these meetings or just social events? Do we care more about where we are eating after the meeting than the person who just surrendered? Lots of questions, very few answers....  
In Loving Service  
Bob M.

**“Each group has but one primary purpose-to carry the message to the addict who still suffers”**

### **Affirmation of the Month**

I deserve to be loved by myself and others.

### **Tradition 5 Quote**

What is our message? The message is that an addict, any addict, can stop using, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. When all is said and done our primary purpose can only be to carry the message to the addict who still suffers because that is all we have to give.

**Experience, Strength, and Hope**

**My Promise**

I was riding a freight train to death, until my ride came to a sudden halt. I was sorry for myself blaming everyone, because my problems were never "my fault". I looked in my mirror and began to see someone else's reflection staring back at me, someone who showed no emotion and no longer cared, the girl I was, was no longer there. This disease has once infected me again, lying to me, telling me that it's my only friend. As it whispers in my ear "who needs family and who needs friends, I'll be here for you until the very end" I believed this until one day the very little bit of pride I still had left had risen and told me to open my eyes, that I was listening to satan this whole time in disguise. But this disease in not going down without a fight, I've got my gloves on, ready to rumble, ready to go, this Dear God I want you to know.

Submitted by:  
Jennifer S.

**One Addict Helping Another**

Recovery has changed my life dramatically. We all know the kind of hell we lived while using and where active addiction can take us.

My new life began April 3rd 2008 when I checked myself into Sacred Heart. Since then there has been many ups and downs and too many life lessons to count. Through it all I have learned something very valuable, and that is the importance of sponsorship.

I had to come to the conclusion that I don't know everything or have all the answers and that its okay to take suggestions from my sponsor. Also, maybe just maybe, she may know a thing or two more than me about recovery. This was a challenging concept for me to grasp and it took some pain and a lot of praying to fully understand the importance of being humble and allowing others to guide and direct me.

I am so grateful for the gifts that God and N.A. have given me and I know that my sponsor is one of the most amazing blessings in my life.

Submitted by:  
Jennifer M

***From The Editor***

Spring is here and everyone is looking forward to the nice weather. Home groups are starting to plan their picnics and we want to know the details. Please provide the newsletter with picnic information. The Activities Committee is planning the area picnic on August 8, 2010, watch for details in upcoming newsletter issues. Please remember when attending picnics this year, picnics are to promote fellowship and have fun, the group putting on a picnic needs everyone attending to help support it, please do your share and bring a dish to pass.

Did you check out all the anniversaries listed in this months newsletter? Congratulation to everyone celebrating a clean time anniversary, and thank you for sharing it. The newsletter is always looking for articles and now there are many different ways of getting then to the newsletter committee, you can mail, email, turn into the GSR of your home group, or give to the following people, Mary Jo B., Dave B, Mary R, Jennifer M, or myself.

Kathy M.

**The Macomb Miracles needs your poems, stories and thoughts, that express your experience, strength and hope.**

**AUTHOR'S RELEASE** This signed release must accompany all submissions. I hereby grant permission to **Macomb Miracles**, their successors, assigns and those acting on their behalf authority to publish the attached original material titled\_\_\_\_\_. I understand that this material may be edited or reprinted in other **NA** journals. I possess legal capacity to authorize this and release **Macomb Miracles** from any liability thereof.

**SIGNED**\_\_\_\_\_ **DATE**\_\_\_\_\_

# Events & Information

## Public Relations Poster Drive

Saturday May 15, 2010  
10:00 a.m. to 4:00 p.m.

Help spread the word  
to addicts still  
out there suffering.  
Meet at St. Sylvester's  
at 10:00 a.m.  
for a Do's & Don'ts  
informational meeting  
prior to the poster drive.



## MRCNA XXVI

July 1—July 4, 2010  
Midland, Mi

## Women Helping Women Sponsorship Brunch

Saturday May 15, 2010  
11:00 a.m. to 4:00 p.m.

Ypsilanti Free Methodist Church  
1800 Packard Road,  
Ypsilanti, MI 48198  
Cost: Free

## MSO's Office Location

726 Livernois  
Ferndale Mi 48220  
2 blks. N. of 8 mile  
Phone # 248-544-2010

Web: [www.store.michigan-na.org](http://www.store.michigan-na.org)  
Our 24 Hour Helpline Number is 248-543-7200

## Web-site & E-mail addresses

Visit the Macomb Area N.A.  
Website for on-line Newsletters  
and meeting list.

[http://www.michigan-na.org/  
macomb](http://www.michigan-na.org/macomb)

Please send article submissions,  
Anniversaries to

[Macombmiracles@comcast.net](mailto:Macombmiracles@comcast.net)

## **Macomb Miracles by E-mail!!**

Get the monthly newsletter sent directly  
to you by sending an e-mail to  
[macombarea@michigan-na.org](mailto:macombarea@michigan-na.org) with  
the word "subscribe" as your subject.  
Besides getting color, you'll get more  
articles and news as well as some nifty  
links to NA recovery online!

# Support Our Area Activities



## *Macomb Area Activities Spring Dance*

Friday, April 30, 2010

Roseville Masonic Temple, Gratiot N. of 11 Mile Rd.

Activities Committee Meeting 7:00 p.m.

Open Speaker Kathy M. at 8:00 p.m.

Dance immediately following

Suggested donation **\$7.00**



# ACTIVITIES AND SERVICE MEETING CALENDAR

## APRIL/MAY

| <i>Sunday</i>   | <i>Monday</i> | <i>Tuesday</i>   | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i>  | <i>Saturday</i>   |
|---|---------------|--|------------------|-----------------|--|---|
| <b>April 11</b>   | 12            | 13   | 14               | 15              | 16   | 17  |
| 18  | 19            | 20   | 21               | 22              | 23   | 24  |
| 25<br>Public Relations<br>Sub-Committee<br>Meeting, 6:00<br>pm<br>St. Sylvester's | 26            | 27<br>H&I Sub-<br>Committee Meet-<br>ing, 6:30 pm<br>St. Gabriel's | 28               | 29              | 30<br><b>Dance &amp; Open<br/>Speaker<br/>8:00 pm<br/>Masonic Temple</b> | <b>May 1</b><br> |
| 2   | <b>3</b>      | 4  | 5                | 6               | 7<br>Newsletter<br>Sub-Committee<br>Meeting, 7:00<br>pm, St. Paul's      | 8   |
| 9<br>Area Committee<br>Meeting,<br>10:30 am                                       | 10            | 11   | 12               | 13              | 14   | 15<br>Poster Drive<br>10:00 to 4:00<br>Meet at<br>St. Sylvester's.                                  |

### MACOMB AREA SERVICE COMMITTEE UPDATE

**March ASC Meeting**

11 GSR's present

**Treasurers Report**

Group subtotal: \$530.00  
 General Fund Total: \$312.16  
 Expense Total: \$582.32  
 Regional Donation: \$0

Monthly minutes are available  
 at [http://www.michigan-na.org/  
 macomb](http://www.michigan-na.org/macomb)

**Next ASC Meeting**

Sunday, May 9, 2010 10:30am  
 Henry Ford Macomb Hospital  
 McAuley Room A or B

**Open Area Positions**

Literature Chair  
 Web Servant Chair



### *Anniversaries*

| <i>Name</i> | <i>Cleandat</i> | <i>Clean time</i> | <i>Name</i>                      | <i>Cleandat</i> | <i>Clean</i> |
|-------------|-----------------|-------------------|----------------------------------|-----------------|--------------|
| Jen P.      | 03/21           | 1 Year            | Dr. Bob                          | 04/15           | 13 Years     |
| Frank K.    | 04/01           | 18 Years          | Kathy C.                         | 04/17           | 21 Years     |
| Todd F.     | 04/03           | 10 Years          | Sebastian M.                     | 04/18           | 18 Months    |
| Marty K     | 04/05           | 19 Years          | Lana W.                          | 04/22           | 9 months     |
| Megan M     | 04/07           | 3 Years           | April S.                         | 04/23           | 18 Months    |
| Melissa H.  | 04/08           | 1 Year            | Charles C.                       | 04/24           | 5 Years      |
| Bill D.     | 04/08           | 18 Months         | Debbie K.                        | 04/29           | 9 Months     |
| Lisa D.     | 04/09           | 18 Months         | John L.                          | 04/30           | 1 Year       |
| Jennifer M  | 04/09           | 2 Years           | Johnrock P.                      | 05/05           | 3 Years      |
| Mark J.     | 04/10           | 2 Years           | <b>106.5 Years of Clean Time</b> |                 |              |