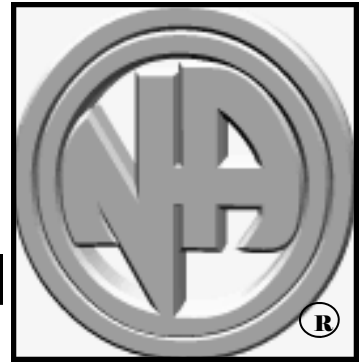


MACOMB MIRACLES



February 2010

Volume 10 Issue 2

Newsletter of the Macomb County Area of Narcotics Anonymous

Publisher's Notes

Macomb Miracles welcomes submissions from all readers. Letters and other items submitted should be 100 words or less and be of NA related nature. All items must include a signature, valid address and phone number. First name and last initial will be used as a signature line unless the writer requests anonymity. **Macomb Miracles** reserves the right to edit items submitted and refuse to publish items not in keeping with the traditions of NA. All submissions become the property of **Macomb Miracles** and will not be returned unless accompanied by a self addressed stamped envelope at the newsletter sub-committee or area service committee meetings. The authors release form on page 2 must be included with all submissions.

Submission may be made by e-mail at the following address: macombarea@michigan-na.org or Mabombmiracles@comcast.net

Please attach a copy of the author's release with the file to publish and date submitted. Typing your name along with your telephone number in the SIGNED field will be considered an appropriate substitute for a hardcopy version of the release. All e-mail submissions will be voice verified before publication. If possible articles should be submitted as HTML, Microsoft Word DOC or TXT text formats. Preferred graphics formats are GIF or JPG

Keeping The Fellowship Alive

Addicts helping addicts, who would have thought we could help another person, when we could not even help ourselves? The fellowship of NA taught us to do just that, not only help ourselves, but help others along the way.

February is the month that we addicts voted on service positions for the area level. Some addicts holding service positions in the area level will stay on, some will apply their service work to other areas of the fellowship, but all deserve a big THANK YOU for their time, effort, and commitment. Service work by recovering addicts is what keeps the NA fellowship going, it is what helps save our lives, it is what makes us better people.

Take the time to thank those who give their time, whether is that faithful person who shows up before every meeting to make the coffee, or the person who stands before a room full of people to chair the meeting, all the way to those servicing on sub-committees, to the area and regional boards. These are all volunteers, people who believe in NA and are committed to keeping it going strong.

If you are one of those doing service work, THANK YOU, if you are new to the program get involved with service work, the benefits are amazing, if it has been awhile since you have done service work, please get back involved, the fellowship does and always will need you.

Affirmation of the Month

The pain that I feel by remembering can't be any worse than the pain I feel by knowing and not remembering.

“The only requirement for membership is a desire to stop using”

Tradition 3 Quote

Tolerance reminds us that judgment is not our task. The disease of addiction does not exclude anyone. NA likewise, cannot exclude any addict who desires to stop using. We learn to be tolerant of addicts from different backgrounds than ours, remembering that we are not better than any other addict in a meeting

Poems

Experience, Strength, and Hope

Life's Soundtrack to Living Clean

For the newcomers that pass the threshold and walk through these halls... YOU are the most important person.

You have a different kind of family here, unconditional love and support, through the happiest of moments, to the saddest of times.

Take that 1st step and Surrender.

Hopelessness will subside and your inner strength will be Victorious.

don't allow your disease to win, don't give up the battle!

Yesterday is a distant memory, Tomorrow is too far to see, Today is all that I have.

Make that choice to be clean,

"Just For Today"

Submitted By: Theresa H.



Respecting Others

I sat at a table one night and as we shared, there were people texting, cross talking, getting up from the table numerous times, generally being disruptive and very disrespectful to the one sharing.

I remember being a newcomer and sitting at a table where this was going on, it made me feel very intimidated, so much so I was afraid to share, after all who was going to listen they were to busy doing other things.

Now, I know recovery isn't about being serious all the time, we're here to learn how to have fun too. But, in the short time I've been in recovery I've learned some important lessons. I guess you can call them "Table Manners"

I was taught to respect and listen to whoever is sharing. I can laugh if what their sharing is funny, I can share funny stories too. I was taught to not make comments while someone is sharing, I can make them after the table closes. I was taught not to keep looking at my phone, or texting, while at a table. The one time I did that my sponsor was at the table and when I looked up she was looking daggers at me, I never did that again.

And the most important lesson I learned was, if I don't like what is happening at the table, move to another table! The newcomer is the most important person at any table and I am going to do my best to not only make them feel welcome, but hopefully just a little more comfortable too.

Submitted by: Mary R.

The Macomb Miracles needs your poems, stories and thoughts, that express your experience, strength and hope.

AUTHOR'S RELEASE This signed release must accompany all submissions. I hereby grant permission to Macomb Miracles, their successors, assigns and those acting on their behalf authority to publish the attached original material titled_____. I understand that this material may be edited or reprinted in other NA journals. I possess legal capacity to authorize this and release Macomb Miracles from any liability thereof.

SIGNED_____ DATE_____

Events & Information

MRCNA XXVI
July 1—July 4, 2010
Midland, Mi

Get Involved
Our 24 Hour Helpline
& Meeting Number is
248-543-7200

New Meetings

Support these new meeting !!!

Wednesday's at 10:45 AM at
Renaissance Unity,
11200 E. 11 Mile Rd,
Warren, MI

Saturday's at 7:00 PM at
Richmond Assembly of God
Gratiot & 31 Mile Rd
64892 Gratiot
Lenox, MI
Meeting Name:
Time to Change
For more information contact:
Marc A. 586-215-0171 or
Jerry C. 586-212-5057

MSO New Service Hours
The following is the new hours for the
MSO,

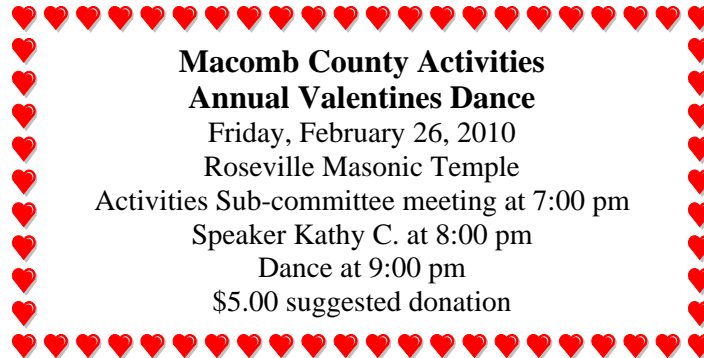
Monday: Closed
Tuesday: 10:00 AM—6:00 PM
Wednesday: 10:00 AM—6:00 PM
Thursday: 10:00 AM—6:00 PM
Friday: Closed
Saturday: 10:00 AM—4:00 PM
Sunday: Closed

MSO's Office Location
726 Livernois
Ferndale Mi 48220
2 blks. N. of 8 mile
Phone # 248-544-2010
Web: www.store.michigan-na.org

Web-site & E-mail addresses
Visit the Macomb Area N.A.
Website for on-line Newsletters
and meeting list.
[http://www.michigan-na.org/
macomb](http://www.michigan-na.org/macomb)
Please send article submissions,
Anniversaries to
Macombmiracles@comcast.net

Macomb Miracles by E-mail!!

Get the monthly newsletter sent directly
to you by sending an e-mail to
macombarea@michigan-na.org with
the word "subscribe" as your subject.
Besides getting color, you'll get more
articles and news as well as some nifty
links to NA recovery online!



Macomb County Activities
Annual Valentines Dance
Friday, February 26, 2010
Roseville Masonic Temple
Activities Sub-committee meeting at 7:00 pm
Speaker Kathy C. at 8:00 pm
Dance at 9:00 pm
\$5.00 suggested donation



From The Editor

This is the third edition of the Macomb Miracles newsletter that I have had the privilege to put together, what an experience it has been. I sincerely hope all of you have enjoyed the newsletter. Of course, there is always room for improvement, and that is where I need your help.



I am currently asking for volunteers to be part of the newsletter committee. This committee will meet the first Friday of the month at 7:00 PM at St. Paul's on Mound prior to the Recovery Zone meeting . Part of the responsibilities of this committee would be to gather articles, clean time anniversaries, and NA related information for the newsletter. This fellowship has so much experience strength and hope to be shared with other recovering addicts. The more people we have to gather this information the better our newsletter can be. Remember, this is your newsletter, not mine, not a committees, but yours.

If you are unable to help with your newsletter at this time , please consider submitting an article. Articles need to be about recovery, your experience, strengths, and hopes.

Kathy M.

ACTIVITIES AND SERVICE MEETING CALENDAR

FEBRUARY\MARCH

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
February 14 	15	16	17	18	19	20
21	22	23 H&I Sub-Committee Meeting, 6:30 pm St. Gabriel's	24	25	26 <i>Valentines Dance</i> <i>Roseville Masonic Temple, 8:00 pm</i>	27
28 Public Relations Sub-Committee Meeting, 6:00 pm St. Sylvester's	March 1	2	3	4	5 Newsletter sub-committee meeting, 7:00 pm, St. Paul's	6
7	8	9	10	11	12	13
14 Area Service Committee Meeting 10:30 am, Henry Ford Hospital						

MACOMB AREA SERVICE COMMITTEE UPDATE

Anniversaries

January ASC Meeting

17 GSR's present

Treasurers Report

Group subtotal: \$633.00
 General Fund Total: \$927.77
 Expense Total: \$491.53
 Regional Donation: \$0

Monthly minutes are available at <http://www.michigan-na.org/macomb>

Next ASC Meeting

Sunday, March 14, 2010
 10:30am

Henry Ford Macomb Hospital
 McAuley Room A or B

<i>Name</i>	<i>Cleandate</i>	<i>Clean time</i>	<i>Name</i>	<i>Cleandate</i>	<i>Clean time</i>
Irvin P.	02/15	18 Months			
Dave B.	02/22	2 Years			
Ben D.	03/01	4 Years			
Stephanie H.	03/05	6 Years			
Huggable Bob	03/16	23 Years			
Marc A.	03/23	2 Years			

Share your clean time anniversary, showing this program WORKS