

MACOMB MIRACLES



May 2010

Volume 10 Issue 5

Newsletter of the Macomb County Area of Narcotics Anonymous

Publisher's Notes

Macomb Miracles

welcomes submissions from all readers. Letters and other items submitted should be 100 words or less and be of NA related nature. All items must include a signature, valid address and phone number. First name and last initial will be used as a signature line unless the writer requests anonymity. **Macomb Miracles** reserves the right to edit items submitted and refuse to publish items not in keeping with the traditions of NA.

All submissions become the property of **Macomb Miracles** and will not be returned unless accompanied by a self addressed stamped envelope at the newsletter sub-committee or area service committee meetings. The authors release form on page 2 must be included with all submissions.

Submission may be made by e-mail at the following address: macombarea@michigan-na.org or Mabombmiracles@comcast.net Or Mailed to MCANA
P.O. Box 380473
Clinton Twp., MI 48038

Please attach a copy of the author's release with the file to publish and date submitted. Typing your name along with your telephone number in the SIGNED field will be considered an appropriate substitute for a hardcopy version of the release. All e-mail submissions will be voice verified before publication. If possible articles should be submitted as HTML, Microsoft Word DOC or TXT text formats. Preferred graphics formats are GIF or JPG

The Most Important Person

I was on my way home from work the other day, and I started thinking about the newcomer. My thinking was, if they're so important to my recovery then why don't I show them that? If you know me I don't get up to hug someone who just picked up a surrender tag. The hardest one to get, by the way. I have never invited a newcomer out to eat after a meeting, I have never pulled a newcomer aside to make sure they're ok, or offered them my number, unless they asked me first. I can't remember a time when I initiated a conversation with a newcomer, one on one. I find it easy to talk to them at a table, or make them feel welcome when I'm with a group of friends who are doing the same.

I guess what I'm saying is it is time for me to change that. First, I want to apologize to all the newcomers I didn't welcome, and to make amends to you all, I promise to hug the newcomer who gets up and gets the hardest key tag to get, the surrender tag. I promise to welcome you with a smile and tell you what was said to me when I was new, it gets better. I want to let you know that I can't stay clean without you. You are the most important person and I hope that when you get that hug and hear the words "it gets better" that you feel it too.

Submitted By: Mary R.

"An N.A. group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose"

Tradition 6 Quote

Many other organizations wish to ride on the N.A. name. to allow them would be an implied endorsement and a violation of this tradition. Hospitals, drug recovery houses, probation and parole offices are some of the facilities we deal with in carrying the N.A. message. While these organizations are sincere and we hold N.A. meeting in their establishments, we cannot endorse, finance or allow them to use the N.A. name to further their growth. However, we are willing to carry the N.A. principles into these institutions, to the addicts who still suffer so that they can make the choice.

Experience, Strength, and Hope

For awhile I felt like a didn't have a home group. I didn't like that feeling. I always had a resentment to the first group I had made my home because only a few people out of a really big meeting got up to give me a hug for my 1 year anniversary. Oh well, maybe not everybody knew me. Or, maybe everybody was lazy that night, I don't know. But, I kept coming back anyways, like they told me, and my life changed. It got better. I experienced a 2nd year anniversary. I also worked all of Step One in the NA Study Guide with a women's group, and was sponsoring a few women in the program.

However, due to the nature of this disease, the women's group broke up, and not attending meetings regularly, I did get caught in the grip of my disease again and unfortunately went back out. Thank God I made it back, and today, I have over 9 months clean again! Funny thing about my home group, on my 6 month anniversary (this time), my meeting was closed! Then on the date of my 9 month anniversary, my meeting was closed again! "I want my sunny yellow key tag" I thought! How dare they close on my anniversary! Well, I find out as I "keep comin back" that it's not all about me today. I didn't want to understand that self-centeredness is at the core of our disease. This is why when I don't feel like giving a hug to someone who is celebrating clean time and getting a key tag, I get up anyways. And if a meeting is closed on my anniversary, their ain't no conspiracy going on, it just is what it is!

Anonymous

From The Editor

Today life is what I make it, if I continue doing what I have always done I will continue getting what I have always got. As I grow in my recovery I see all the changes I have made and all the things I still need to change. These are the times I have to remember this does not happen overnight, but it will not happen at all if I don't put in the effort to make it happen.

Kathy M.

Cell Phone Vs. Basic Text

I wonder what would happen if we treated our Basic Text, like we treat our cell phone.

- What if we carried it around in our purses or pockets?
- What if we turned back to go get it if we forgot it?
- What if we flipped though it several times a day?
- What if we used it to receive messages from our text?
- What if we treated it like we couldn't live without it?
- What if we used it as we traveled?
- What if we used it in case of emergency? What if we had it set so there is a special, spiritually awakening ring tone every time there was an incoming message?

Something to make you say hmmmm, and where is my Basic Text?

Copied from N.A. Purest Newsletter, May 2010

The Macomb Miracles needs your poems, stories and thoughts, that express your experience, strength and hope.

AUTHOR'S RELEASE This signed release must accompany all submissions. I hereby grant permission to **Macomb Miracles**, their successors, assigns and those acting on their behalf authority to publish the attached original material titled _____. I understand that this material may be edited or reprinted in other **NA** journals. I possess legal capacity to authorize this and release **Macomb Miracles** from any liability thereof.

SIGNED _____ **DATE** _____

Events & Information

MSO's Office Location

726 Livernois
Ferndale Mi 48220
2 blks. N. of 8 mile
Phone # 248-544-2010
Web: www.store.michigan-na.org
Our 24 Hour Helpline Number
is 248-543-7200

MRCNA XXVI

July 1—July 4, 2010
Midland, Mi

Changing Times Picnic

Saturday, May 22, 2010
9 a.m. to 9 p.m.
Brandonberg Park
Jefferson, South of 23 Mile Rd.
\$3.00 parking fee
Volleyball, Horseshoes,
Goofy Golf, Karaoke.
Bring a dish to pass

Web-site & E-mail addresses

Visit the Macomb Area N.A.
Website for on-line Newsletters
and meeting list.
[http://www.michigan-na.org/
macomb](http://www.michigan-na.org/macomb)
Please send article submissions,
Anniversaries to
Macombmiracles@comcast.net



Macomb Miracles by E-mail!!

Get the monthly newsletter sent directly to you by sending an e-mail to macombarea@michigan-na.org with the word "subscribe" as your subject. Besides getting color, you'll get more articles and news as well as some nifty links to NA recovery online!

Support Our Area Activities

Macomb Area Activities Fundraiser

Sunday, May 23, 2010

Huron Park, Roseville, North of Frazho, East of Gratiot
Food at 2:00 p.m., Bring a side dish



Events:

- Dunk Tank
- Bake Sale
- Clowns
- Pie in the Face
- Face Painting
- 50/50 Raffle

Hosted by the New Macomb Area Activities Committee.



ACTIVITIES AND SERVICE MEETING CALENDAR MAY/JUNE

| <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
|--|----------------------|---|-------------------------|------------------------|---|------------------------|
| May 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 Public Relations Sub-Committee Meeting, 6:00 pm St. Sylvester's Activities Fundraiser | 24 | 25 H&I Sub-Committee Meeting, 6:30 pm St. Gabriel's | 26 | 27 | 28 | 29 |
| 30 | 31 | June 1 | 2 | 3 | 4 Newsletter Sub-Committee Meeting, 7:00 p.m. St. Pauls | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 Area Committee Meeting, 10:30 am | 14 | 15 | 16 | 17 | 18 | 19 |

MACOMB AREA SERVICE COMMITTEE UPDATE

April ASC Meeting
13 GSR's present

Next ASC Meeting
Sunday, June 13, 2010
10:30am

Treasurers Report
Group subtotal: \$439.00
General Fund Total: \$214.96
Expense Total: \$530.20
Regional Donation: \$0

Henry Ford Macomb Hospital
McAuley Room A or B

Open Area Positions
Literature Chair

Monthly minutes are available
at [http://www.michigan-na.org/
macomb](http://www.michigan-na.org/macomb)

Anniversaries

| <i>Name</i> | <i>Cleandat</i> | <i>Clean time</i> | <i>Name</i> | <i>Cleandat</i> | <i>Clean</i> |
|--------------------|------------------------|--------------------------|---|------------------------|---------------------|
| Dan K. | 05/02 | 1 Year | Johnny F. | 05/31 | 1 Year |
| Dawn C. | 05/04 | 2 Years | <i>Share Your Clean Time. Showing This Program Works!</i> | | |
| Johnrock P. | 05/05 | 3 Years | | | |
| Denise M. | 05/06 | 6 Years | | | |
| Bob B. | 05/10 | 3 Years | | | |
| Taleya K. | 05/17 | 5 Years | | | |
| Dave Z. | 05/17 | 5 Years | | | |
| Robert P. | 05/19 | 2 Years | | | |
| Harry K. | 05/25 | 21 Years | | | |
| Linda S. | 05/26 | 6 Months | | | |