

NA Interviews

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Newsletter Directory

Submit all articles, such as, recovery stories, poems, events, anniversaries, convention and much more.



Western Wayne Area

Mtg: Wed. Night Recovery

Loc: Church of Christ
 24800 Ecorse
 Taylor, MI

Time: 7:00 pm

Day: 2nd and 4th Wednesday of the month.

These are the members interviewed -

Holly S. 15+ months clean

Jim S. 3 ½ years clean

Ryan V. 2 ½ years clean

Lisa L. 13+ months clean

Fred R. 6+ years clean

Tim K. 17 ½ years clean

Bruce M. 4+ years clean

Question – How has your life changed since you’ve been in recovery?

Holly, I have - willingness, hope, trust and true friends. My thinking is changing.

Jim, It’s changed dramatically. I found a higher power, I’m staying clean and doing service work.

Ryan, there is not enough paper here to fully answer this question. To sum up how my life has changed it’s 180 degrees for the better. I love myself today.

Lisa, I have me! I’m happy. I’m employed. I’m working on my senior year at Eastern Michigan University. I have self-worth & true friends and know true gratitude.

Fred, it’s changed in many ways. I’ve become more responsible. I’m more outgoing, more likely to say what’s on my mind. I go to work on a regular basis. I’m on time for work and rarely take time off at work. I’m not scared to let people know who I am. When issues come up, I handle them more responsibly.

Tim, without recovery, I would not have a life, my life is recovery.

Bruce, I have achieved a full, beautiful relationship with my higher power, emotional balance, and an everyday calmness & true serenity. I have true fulfillment in my daily life, happiness, and a love of being alive and part of the world.

Question – How important is it to have a sponsor in your life?

Holly, very important - I’m able to call with good and bad stuff and help guide me in the steps.

Jim. Very – I have a sponsor, and also, I am a sponsor.

Ryan, It’s extremely important – without having my sponsor I would not be clean and probably wouldn’t be alive. He has helped me grow spiritually, emotionally, and mentally more than I could’ve imagined.

Lisa, early in my recovery it was vital. She taught me the spiritual meaning behind the steps and how to gain acceptance.

Fred, very important – if not for my sponsor, I would not be here today. When I had two years clean I went back out and used – because of the relationship that I had with my sponsor, he helped me get back in the program.

Tim, he is my right hand and my confidant.

Bruce, I consider every members thoughts and suggestions as sponsorship, so I have a constant feeling of “sponsor guidance”. On a “one to one” basis – my sponsor is very important to me as a source of strength, recovery knowledge, and hope.

Question – How have you been involved in Narcotics Anonymous?

Holly, H&I at Oakdale and St. Mary’s, also chaired meeting, made coffee, and set-up meetings.

Jim, many ways – attending meetings/doing service work, going to campouts, going out after the meeting for bowling, movies, or just to eat.

Ryan, I’ve been a trusted servant for two years. I welcome newcomers, call people in the program on a regular basis, have, and use my sponsor. I attend the campouts, dances, etc.

Lisa, I did 90 in 90, I do H&I, group secretary. Also, campouts and social events/activities, I went to a park at dawn for “World Unity Day”, monthly sponsorship goal meetings, step study, conventions, etc.

Fred, early in my recovery I followed suggestions of people here before me – went to meetings on a regular basis, got a home group, set-up and cleaned up after meetings. Then I became a trusted servant, Co-GSR, and GSR after about one year clean.

Tim, made coffee, started meetings, I’ve done H&I and been a GSR.

Bruce, from making coffee, to group secretary, group treasurer, GSR (twice), sponsorship. I also mentoring on a one to one basis.

Question – what can you tell us about your home group?

Holly, it’s the best! Lots of people with good recovery (on time)

Jim, my home group is in Ferndale at “Affirmations” on Tuesday nights, a lot of younger people seeking recovery. A very good group.

Ryan, my home group is the first meeting I attended, there’s a lot of clean time/recovery there. It was, and is, the meeting that I feel most comfortable at.

Lisa, “Key to Recovery” – I surrendered there at my first meeting, I do help the newcomers & love the old-timers for their willingness to share. I got my 1 year medallion there and it seemed like the longest “hugline” ever! I love it at St. Mary’s.

Fred, I feel good about my home group. My home group has a lot of newcomers and it’s great to show up and share that recovery does work – to keep carrying the message.

Tim, it’s the best, it’s my home away from home.

Bruce, “Willingness” has grown in the 4 years I’ve been involved from an average of six people, to about seventy people per meeting. Much more importantly, it’s become a center for first step table sharing, as well as a good group for young people and newcomers of any age.

New Downriver H&I Meeting

HELP CARRY THE MESSAGE OF RECOVERY! Hospitals and Institutions is starting a new panel meeting at West Mound Church at 22395 Eureka Rd. (across from Southland Mall) in Taylor. This facility is a warming place/homeless shelter called ChristNet. The panel will be held on Mondays at 1:00 p.m. If you have 6 mos. or more clean and are available days this is a great opportunity to carry the message of recovery and hope to addicts that we might not reach otherwise.

Please contact Scott S. at 734 444-6656 or Chris R. at 734 652-9970

Stay strong

I am a 22year old addict seeking recovery. With hope that life will play out the way it is suppose to. I had a very difficult first year of recovery. No pink cloud for me. I was fortunate enough to get a best friend out of rehab and he helped me out (Not recommended). It started off good Got a sponsor and a home group ,was attending meetings and doing the things I needed to do. Life was good. But life changed. I was crushed. My son that wasn't even four months old, died in a daycare. I lost my will to live. I was lucky to I didn't to use anymore because I was truly hurting and needed to relieve my feelings. I had the group behind me though. They were able to pull me out of my downward spiral. I picked up my 90 day key tag at my sons viewing. I am grateful to have gotten through the hardest funeral and most difficult situation I could ever face clean. But death comes in threes, from what I am told. Then shortly after my son Jaydens death, my uncle passed away from this disease. It wasn't an overdose but the over consumption for way to long. His body just shut down. Just a week later the man I started using with, my brother's dad, died of an overdose. He just had to have that one more. He finally went to treatment. We had hope for him. But as we all know that overpowering desire to use took him back out for that last high and he died leaving my brother without a father. Life was beyond miserable. No time to grieve in between. Just one beat down after another. I am pleased to say I made it through all of this clean, and picked up a lot of recovery and wisdom along the way. I still have tough times with it, but I'm able to manage my feelings more appropriately today. Today life is worth so much more than packs of dope. I love you all for helping me live life on the right path today.

Christopher T.

***NEW ACTIVITIES
PHONE INFO LINE
313 638- 4990***

UPCOMING DANCES

**March 21, 2009 at the
Southgate Senior Center
YES, it's a family night**

**For more information
please pickup a flyer at a
NA meeting near you**

CAMPOUTS

**Wolverine Campground
June 18,19,20th
August 13,14,15th
contact Stuart L for details
313 937-0095**

CONVENTIONS

**DACNA XVII
April 9,10,11,12
For info call
Merelene W. 313 869-2049
Lavon F. 313 865-5203**

**CONGRATULATIONS
TO ALL WHO HAVE
CELEBRATED
CLEAN TIME!**

January

Larry W. 1-1 3 years

Lisa H. 1-17 3 years

Ralph R.. 1-2 19 years

Juanita S. 1-27 1 year

Annette C.. 1-21 19 years

Lori C. 1-28 8 years

February

Fred R. 2-28 7 years

Mike N. 2-1 2 years

Carmen W. 2-10 7 years

Angela A. 2-18 2 years

Nader 2-27 1 year

Terry P. 2-10 5 years

Barry P. 2-12 20 years

Melissa C. 2-11 1 year

Rick C. 2-10 20 years

Sarah S. 2-24 2 years

Newsletter Staff

Chair: *Stuart L.*

Co-Chair: *Robin G.*

Secretary: *Louie P.*

Co-Secretary: *Open*

**Next meeting: 2nd and 4th
Wednesday, at 7pm, at the
Wed. Night Recovery
Meeting in Taylor.**

**Please join us with your
ideas and stories. All ad-
dicts welcome regardless
of clean time.**



Area & Subcommittee Mtgs

Admin Meeting: 1:00 pm
Area Meeting: 2:00 pm
Loc & Date: 2nd Sunday
Dorsey Community Center
Westland, MI

Web servant: 6:15 pm
Mtg Date: 1st Wednesday
Mtg: For Sanity Sake
Westland, MI

Policy: 7:00 pm
Mtg Date: 3rd Sunday
Loc: G.O.D.
Livonia, MI

Public Relations Workgroup

H&I and Helpline: 6:30 pm
Mtg Date: 3rd Fri. of each month
Loc: Key to Recovery
St. Mary's Hospital Livonia, Mi

Activities: 6:00 pm
Mtg Date: First Sunday
Loc: G.O.D. meeting
Unity Church, Redford

Public Information: 6:30 pm
Mtg Date: 3rd Friday
Mtg: with PR Workgroup

Hello, my name is Paul, I am an addict.

The following is a poem I wrote long before I was ever introduced to NA and the blessing of being in recovery. Today I see a message of recovery when I read this poem. The first half showing the pain and depressive nature of active addiction followed by hope and an understanding of how differently our lives can look not clouded by the use of drugs.

*Yesterday's winter brought us snow and a wind of bitter chill
 In attempts to dampen life upon my country hill
 The covering snow, it tries to hide the life of layered greens
 And causes weighted limbs to bend beyond their own extremes
 The bitter chill, so far below natures own intent
 Stay under ground, behind a tree, its message clearly sent
 And with a shedding full of doubt, this darkened sky of grey
 Makes it hard but still we hope to last just one more day*

*Behold, as I awake, to see this hoped for day
 My country hill and all its life, seem to be ok
 The snow, just a playground now for creatures of all kinds
 Natures own guiding path to the treasure they will find
 The bitter chill absent, the winds swept away
 Leaving just a calm arena with nothing left to say
 And the sky today, to just be loved, so clear and full of light
 To give to all, this hoped for day, from God's own will and might.*

I would like to share with you that in 1980 I sat in a field behind my parent's farm with a shot gun wanting to end my life. The disease of addiction was telling me there was no way out of the all the problems that I created. A power greater than myself saved me that day. I wrote this poem that day. 22 years later I found the rooms of NA. Today I am grateful to be a recovering addict.

Paul B. Michigan Region-Flint Area

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This form must be filled out and submitted with any and all articles sent in for publication. Failure to do so may result in your article not being considered for publication.

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Name: _____ Signature: _____ Date: _____